

# Carina Leagues CJ's Swim Club

Clem Jones Sport Centre

56 Zabel St  
Carina, Qld 4152

PO Box 16, Carina Qld 4152

Info@cjsswimclub.com.au  
www.cjsswimclub.com.au

Proudly  
sponsored by



CARINA  
LEAGUES CLUB



*Come join the Pride*

## News Splash

September 2009

### Welcome

To all our new families, welcome to the Carina Leagues CJ's Swimming Club 2009 – 2010 season. It's great that so many of our new members are Juniors as they form the future of the club. Also, a big welcome back to existing members.

Over the coming few months, we have a lot happening in and around the club.

- Baby Show Bar B Q - 30<sup>th</sup> August (Fund Raiser)
- Club Nights - commence 4<sup>th</sup> September
- Clem Jones Centre Open Day - 4<sup>th</sup> October
- Clem Jones Memorial Carnival - 18<sup>th</sup> October
- Inter-club Carnival at Clem Jones Centre - 7<sup>th</sup> November



The Club Management Committee has done a great job in getting all of the above off the ground, along with organising the sign-on day and securing sponsorships for the coming season. Thank you to all involved and especially the new committee members. You are all doing a great job! A special mention to Rowan Bate – who has done a great job in facilitating the marketing campaign and also the revamp of the web site. [www.cjsswimclub.com.au](http://www.cjsswimclub.com.au)

This year's committee really wants to enforce the theme that CJ's is a family club for everyone to enjoy. The best way to achieve this is for everyone to get involved. That means everyone contributing in some way. It's a great way to support your children in a healthy and friendly environment and to make some new friends along the way. Not to mention the great example you will be setting for your children.

At the first club night (4<sup>th</sup> Sept), please ensure you are there no later than 6.00pm. I will be presenting to all new and existing members with regards to the following:

- Club Nights / race nominations
- The role of parents within the club and club nights
- Introduction of the Management Committee
- Clem Jones Memorial Carnival
- Fund Raising
- An opportunity for questions from all
- The Buddy System



We will then commence club activities at 6.30pm with a Bar B Q to follow.

Once again, a warm welcome to everyone – have fun!!!!

Rob Maxwell - President



## **Sign-On Day at CJ's**

The Carina Leagues CJ's Swimming Club had a great start to its 2009 - 2010 season with our sign-on day on Sunday 16 August. Old and new members were greeted at the Club's entrance with balloons in the orange and black club colours and then led down a trail of tiger paws to the Club Noticeboard. Here, the Club showcased the many aspects that make it such a fun and friendly club, including its very successful Clem Jones Memorial Carnival.

More tiger prints and the sign-on tent was soon in view, with Club President Rob, VP Rowan and Head Coach Mark welcoming everyone. Thank you to the wonderful volunteers who assisted with sign-on and uniforms, and to BBQ Convenor Tim and his dedicated crew who ensured a steady supply of sizzling sausages.

The free Swim Kits exceeded all expectations. Specials thanks go to the wonderful support of Golden Glow Health Products, McDonalds, the Heritage Bank, the Clem Jones Centre and Aqua Shop. Our Club appreciates your generosity.

To our returning members and our new members – thank you for joining our Club. We have an exciting season ahead. From our fun activities to our serious competitions, there is something for all. We look forward to meeting everyone and working together to make our great club even better.



Benita Gock



## **Major Sponsor**

The Carina Leagues Club has agreed to be our major sponsor (with naming rights) for a further 3 years. This financial support is considerable and very much appreciated – it goes a long way to us being able to keep the running costs of the club to a minimum.



Part of our support in recognising this agreement is to enable all swimming club members (adults & children) to obtain membership to the Carina Leagues Club at no cost. If you haven't already filled out a membership form, please see a committee member ASAP. It is essential that we, as a club, support our sponsors.



## **First Club Night**

**Friday 4<sup>th</sup> September, starting at 6pm.**

Come along and enjoy the fun.

All events for the first night are freestyle, starting from 12 ½ metres, 25 metres and 50 metres.

Also, we'll have our inaugural Best Buddies relay race.

### **Bar B Q**

Relax and have the night off from cooking.  
Purchase great food from sausages on bread  
to steak hamburgers and chicken skewers.

Yummy!



### **Prices**

Sausage on bread	\$2.00
Sausage in a roll	\$2.50
Steak hamburger	\$5.00
Chicken kebabs	\$2.00

We will have tables set up for new registrations and uniforms. So bring a friend along to join up.

Remember to get your nominations in early for the first club night.

